

# Food Allergies & Intolerances

List of products we stock that contain allergens are highlighted in **CAPITALS & BOLD**:

## DISHES / CURRIES

Masala (Chilli Powder (**MUSTARD**)) - Palak (Chilli Powder (**MUSTARD**)) - Garlic Chilli (Chilli Powder (**MUSTARD**))  
Bhuna (Chilli Powder (**MUSTARD**)) - Rogan Josh (Chilli Powder (**MUSTARD**)) - Madras (Chilli Powder (**MUSTARD**))  
Tandoori Masala (Chilli Powder (**MUSTARD**), **MILK**) - Korma (**MILK**) - Butter Chicken (Chilli Powder (**MUSTARD**), **MILK**)  
Tikka Garlic Balti (Chilli Powder (**MUSTARD**), **MILK**) - Tikka Masala (Chilli Powder (**MUSTARD**), **MILK**)  
Vindaloo (Chilli Powder (**MUSTARD**))  
Paneer (**MILK**) - Fish Curries (**FISH**) - Prawn Curries (**CRUSTACEANS**)  
*\*depending on which fish, prawn or paneer dish you order, it may contain extra allergen(s). Please ask before you order.*

## STARTERS

Chicken Tikka Pieces (Chilli Powder (**MUSTARD**), **MILK**) - Fish Tikka (**FISH**, **MILK**, Chilli Powder (**MUSTARD**))  
Mix Starters (**MUSTARD** Seeds, **WHEAT**, Chilli Powder (**MUSTARD**))  
Chicken Pakoras (**WHEAT**, Chilli Powder (**MUSTARD**)) - Mushroom Pakoras (**WHEAT**, Chilli Powder (**MUSTARD**))  
Onion Bhajees (**WHEAT**) - Tandoori Bhajees (**WHEAT**, Chilli Powder (**MUSTARD**))  
Fenugreek Bhajees (**WHEAT**, Chilli Powder (**MUSTARD**)) - Mixed Bhajees (**WHEAT**, Chilli Powder (**MUSTARD**))  
Sheek Kebabs (**WHEAT**, Chilli Powder (**MUSTARD**)) - Shami Kebabs (**WHEAT**, Chilli Powder (**MUSTARD**))  
Mutton Samosas (**MUSTARD** Seeds, **WHEAT**) - Veg Samosas (**MUSTARD** Seeds, **WHEAT**)  
Chicken Samosas (**MUSTARD** Seeds, **WHEAT**) - Chicken Rolls (**MUSTARD** Seeds, **WHEAT**)  
Potato Spinach Pakoras (**WHEAT**, Chilli Powder (**MUSTARD**)) - Fish Pakoras (**FISH**, **WHEAT**, Chilli Powder (**MUSTARD**))

## RICES

Masala Rice (Chilli Powder (**MUSTARD**)) - Chicken Biryani (Chilli Powder (**MUSTARD**))  
Kheema Rice (Chilli Powder (**MUSTARD**)) - Veg Rice (Chilli Powder (**MUSTARD**))

## SUNDRIES

Chappaties (**WHEAT** & **WHEY** Powder) - Plain Naans (**WHEAT** & **MILK**)  
Garlic & Coriander Naans (**WHEAT** & **MILK**) - Peshwari Naans (**WHEAT** & **MILK**)  
Mint Sauce (**MILK**) - Indian Raita (**MILK**) - Chill Sauce (Chilli Powder (**MUSTARD**)) - Chill & Onion (Chilli Powder (**MUSTARD**))  
Green Chilli Poppadums (**SESAME** Oil) - Red Chilli Poppadums (**SESAME** Oil)

**N.B: IF YOU PRE-ORDER ANY PRODUCTS THAT ISN'T LISTED ABOVE THEN PLEASE INFORM US VIA ONLINE OR PHONE ORDER OF ANY FOOD ALLERGIES/INTOLERANCES YOU MAY HAVE. THANK YOU.**